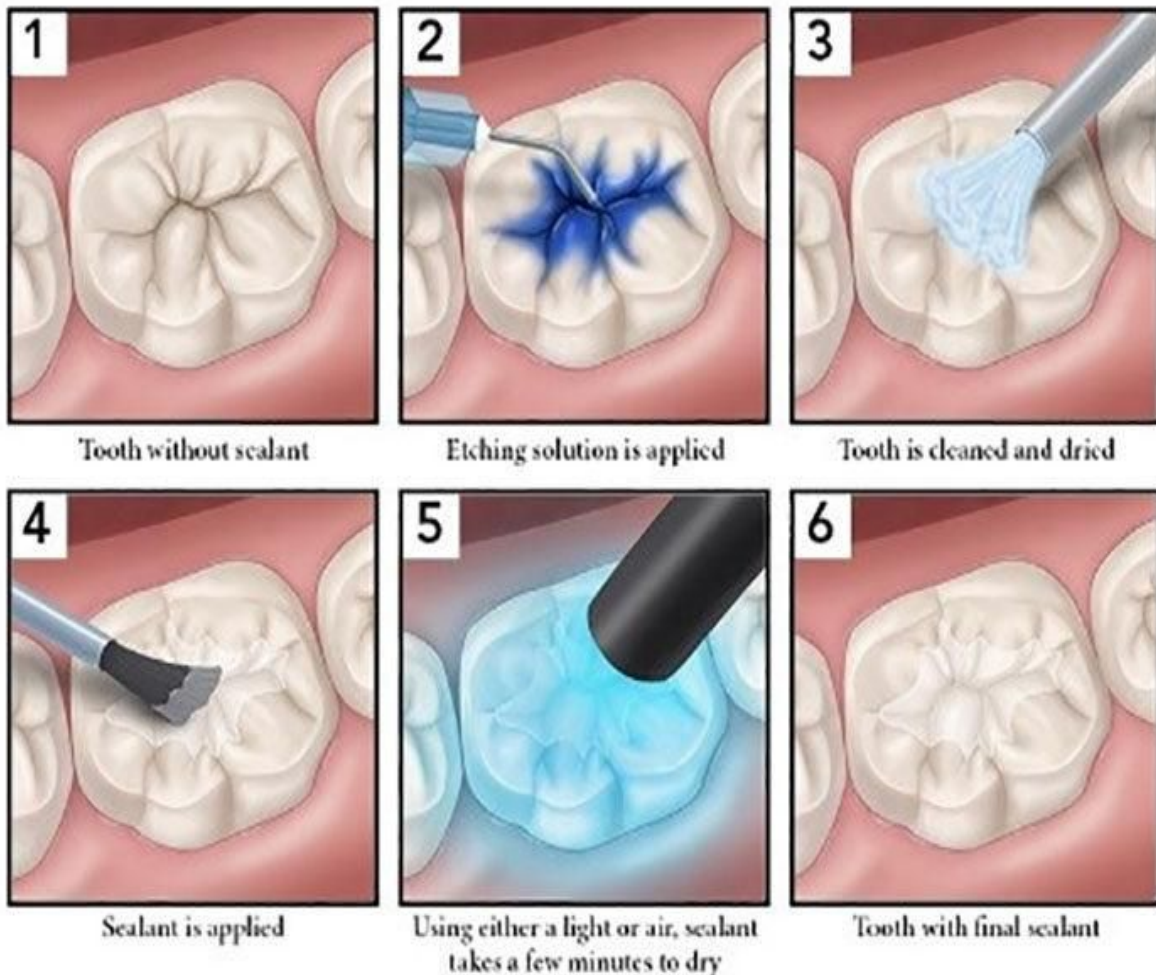


Dear Parents/ Guardians

It is our pleasure to introduce Cathy Grinham RDH, public health dental hygienist. Mrs. Grinham will be available to our students to provide a preventive dental health program that includes dental screening, fluoride varnish application, oral hygiene counseling and dental sealants / cleaning if needed.

90% of all decay begins on the surfaces of the teeth and can be prevented by applying a dental sealant

## DENTAL SEALANTS



Fluoride varnish is an application of fluoride that is brushed on and delivers a safe and effective way to protect against decay especially when combined with the benefits of sealants. The varnish is made with pine resin and is therefore sticky and adheres to all surfaces of the teeth. The student can eat/drink right away. It is best to apply professional fluoride 2-4 times per year for maximum benefit.

You may choose to participate in this preventive program for your child especially if they have had a history of cavities. All participating students will receive fluoride varnish and it will not impact insurance benefits or services being provided by your family dentist.

Your students will be sent home with a screening results form that includes any findings and recommendations. Mrs. Grinham is here to help your family find dental services in the community if needed. Follow up screening will be done in the spring semester to assure the sealants are present and place another varnish application. Sealants will be reapplied if necessary to maintain optimal protection.

Mrs Grinham is a MassHealth provider. No Insurance.....No Problem.

**Students without cavities: EAT BETTER, SLEEP BETTER, LEARN BETTER**

## **To sign on for participation in the preventive dental health program**

<http://www.vdaofma.com>

**go to “for patients” to connect with online secure dental registration**

**Paper forms available from the school nurses**

Thank you,

Freetown-Lakeville Regional School District

Cathy Grinham RDH, public health dental hygienist

[cgrinham@vdaofma.com](mailto:cgrinham@vdaofma.com) 508-813-6034