



Apponequet Regional High School

100 Howland Road, Lakeville, Massachusetts 02347

Accredited by the New England Association of Schools and Colleges
and the Massachusetts Department of Education

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OVERNIGHT FIELD TRIP INFORMATION

Dear parents/guardians of students going on the <school sponsored organization> field trip:

Because this overnight trip is school sponsored and school personnel are responsible for the students, state laws about medication administration apply for the duration of this trip. Massachusetts State law requires that a student have a **written primary care provider order and written parental permission to take or carry any type of prescription or over-the-counter medication** in school (or on a school sponsored trip).

Please anticipate your child's possible need for pain medication, such as ibuprofen ("Advil", "Motrin") or acetaminophen ("Tylenol"), for headaches, menstrual cramps, or other complications. As stated previously these over-the-counter medications also fall under this law. In addition, **consider medications that students do not normally take during school hours, but take in the morning or evening**, and will need to take while on this trip, such as ADHD medications, allergy medicine, birth control pills, etc.

I have attached a medication order (to be filled out by your physician or nurse practitioner) and a parental permission form for your convenience. If your child is going to self-administer medication the appropriate space on the medication form must be checked by the prescriber. Please note that **self-administration is not applicable for controlled medications such as Adderall, Ritalin, or Concerta**, which must be carried by a responsible adult. Please have medication needs taken care of **well in advance** of the trip. If your child already has medication orders in school there is no need to get orders for that same medication for the trip **if** the order already says the student can self-administer. ***If the student has a prescription medication the prescription bottle can act as the MD order (only for a short term) and the parent can fill out the parental permission form. **The nurse needs to speak to the parent about this in advance of the trip.**

If your child is bringing medication on the trip please only send the amount of medication that your child will need in the prescription bottle or manufacturer's container. (NO baggies of unlabeled medicine). Students are absolutely not to share medication with other students.

Thank you for your consideration in this matter – we are trying to keep all of our students safe. If you have any questions I will be more than happy to answer them. Please call me at 508-947-2660, ext. 1157, between 7 a.m. and 2 p.m.

Sincerely,

Paula L. Mueller, MSN, RN, NCSN