



Freetown-Lakeville Elementary Schools

March 2019

<p>25</p> <p><u>New Entrée!</u> Breaded Chicken Drumstick Sweet Potato Fries Mixed Fruit Applesauce</p>	<p>26</p> <p><u>New Entrée!</u> Cheese Filled Breadstick Diced Carrots Mixed Fruit Applesauce</p>	<p>27</p> <p><u>Breakfast for Lunch</u> WG Waffles Sausage Hash Brown Mixed Fruit Applesauce</p>	<p>28</p> <p>Chicken Patty Sandwich Baked Beans Mixed Fruit Applesauce</p>	<p>1</p> <p>Pepperoni or Cheese Pizza Tossed Salad Mixed Fruit Applesauce</p>
<p>4</p> <p>Popcorn Chicken Dinner Roll Butternut Squash Dried Crasins Diced Peaches</p>	<p>5</p> <p>Soft Beef Taco Black Bean Salsa Dried Crasins Diced Peaches</p>	<p>6</p> <p><u>Breakfast for Lunch</u> French toast Sticks Sausage Hash Brown Dried Crasins Diced Peaches</p>	<p>7</p> <p>½ Day No Food Served</p>	<p>8</p> <p>Pepperoni or Cheese Pizza Tossed Salad Dried Crasins Diced Peaches</p>
<p>11</p> <p>Hamburger or Cheeseburger Baked Beans Blueberry Parfait Diced Pears</p>	<p>12</p> <p>Chicken tenders Dinner Roll Diced Carrots Blueberry Parfait Diced Pears</p>	<p>13</p> <p><u>Breakfast for Lunch</u> BEC Bagel Sandwich Crinkle Fries Blueberry Parfait Diced Pears</p>	<p>14</p> <p><u>Lucky Tray Day</u> Pasta with or without Meat Sauce Tossed Salad Blueberry Parfait Diced Pears</p>	<p>15</p> <p>Individual Pan Pizza Roasted Broccoli Blueberry Parfait Diced Pears <u>Shamrock Cookie</u></p>
<p>18</p> <p>Chicken Nuggets Dinner Roll Cherry Tomatoes Rosy Red Applesauce Orange Smiles</p>	<p>19</p> <p>Mini Taco Dippers Black Bean Salsa Rosy Red Applesauce Orange Smiles</p>	<p>20</p> <p><u>Breakfast for Lunch</u> WG Pancakes Sausage Potato Tots Rosy Red Applesauce Orange Smiles <u>First Day of Spring</u></p>	<p>21</p> <p>Oven Roasted Turkey and Gravy Dinner Roll Mashed Potatoes Rosy Red Applesauce Orange Smiles</p>	<p>22</p> <p>White Pizza Fingers with Dipping Sauce Tossed Salad Rosy Red Applesauce Orange Smiles</p>
<p>25</p> <p>Mini Corn Dogs Baked Beans Fresh Pears Baby Carrots</p>	<p>26</p> <p>Beef Nachos with Lettuce and Cheese Brown Rice Fresh Pears Baby Carrots</p>	<p>27</p> <p><u>Breakfast for Lunch</u> Scrambled Eggs with Toast Bacon Crinkle Fries Fresh Pears Baby Carrots</p>	<p>28</p> <p><u>Lucky Tray Day</u> Grilled Cheese with Chicken Noodle Soup Fresh Pears Baby Carrots</p>	<p>30</p> <p>Pepperoni or Cheese Pizza Tossed Salad Fresh Pears Baby Carrots</p>

Available Daily:
 Turkey & Cheese Sandwich, Ham & Cheese Sandwich, Tuna Salad
 Sandwich, Toasted Bagel with Yogurt and String Cheese, Garden
 Salad with Yogurt and String cheese, Sun Butter & Jelly Sandwich

Questions: Andrea Fay, Foodservice Director, Afay@Freelake.org, 508-947-
 2660 Extension 1146

More info...

- Join us for lunch on March 15th for a Whole Grain St. Patrick's Day Sugar Cookie with each meal!
- Celebrate the First Day of Spring with Rosy Red Applesauce all week, March 18th- 22nd!

Lucky Tray Days:
 March 14th- Shamrock Poppers. March 28th - Smencils

