

Freetown-Lakeville Middle School

June 2019

27

No School

28

"Unofficial Start of Summer"

BBQ Bacon Cheddar Burger
Baked Beans

Featuring this week:
Chicken Caesar Wrap
Tuna Salad Plate with Roll

29

Breakfast for Lunch

French toast Sticks
Sausage
Potato Tots

Featuring this week:
Chicken Caesar Wrap
Tuna Salad Plate with Roll

30

Chicken Ranch Flatbread
Sweet Potato Fries
Featuring this week:
Chicken Caesar Wrap
Tuna Salad Plate with Roll

31

White Pizza Fingers with Dipping Sauce
Tossed Salad
Featuring this week:
Chicken Caesar Wrap
Tuna Salad Plate with Roll

3

Pretzel Pub Chicken Sandwich
Butternut Squash
Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

4

SoftTacos with Lettuce and Cheese
Black Bean Salsa
Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

5

Breakfast for Lunch
BEC Bagel Sandwich
Crinkle Fries

Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

6

Oven Roasted Turkey and Gravy with a Dinner Roll
Mashed Potatoes
Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

7

Buffalo Chicken Pizza
Tossed Salad
Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

10

Cheese Filled Breadsticks
Diced Carrots
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

11

Crunchy Breaded Chicken Drumstick
Corn Muffin
Baked Beans
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

12

Breakfast for Lunch
WG Waffles
Sausage
Crinkle Fries

Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

13

Pasta with or without Meatsauce
Tossed Salad
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

14

Popcorn Chicken
Mashed Potato Bowl
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

17

Hot and Spicy Popcorn Chicken
Or
Ham & Cheese Sandwich
Or
Sunbutter and Jelly Babv Carrots

18

**½ Day
No Food Served**

19

**Have a Safe
and Relaxing
Summer!**

21

**See you in
September!**

2

September

3

Chicken Snack Wraps
Sweet Potato Fries
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

4

Breakfast for Lunch
French toast Sticks
Sausage
Potato Tots

Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

5

Soft Tacos with Lettuce and Cheese
Black Bean Salsa
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

6

Individual Pan Pizza
Oven Roasted Broccoli
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

More info...

Available Daily:

Cheese Pizza, Cheeseburger, Chicken Patty, Turkey & Cheese Sandwich, Ham & Cheese Sandwich, Sun Butter & Jelly Sandwich

Locally Grown Macintosh Apples, Baby Carrots, Fresh Pears, Fresh Oranges, Apple Slices, Raisins, Assorted Chilled Fruit

Questions: Andrea Fay, Foodservice Director, Afay@Freelake.org, 508-947-2660 Extension 1146

More info...

Don't forget a new Free/ Reduced Application will need to be completed in September 2019

Lunch Prices: \$2.75 Paid, \$0.40 Reduced

Concerns about your student's lunch balance or to pay back an IOU:
www.Payschoolscentral.com