

Please return this Registration Form and check made payable to FLRSD to the classroom teacher in an envelope marked: *After the Bell* no later than 4/26 Or mail to 112 Howland Rd. Lakeville, Ma 02347...If you need further information please call Lisa Pacheco at 508-923-2000 ext. 1730 or email at lpacheco@freelake.org.

Child's Name \_\_\_\_\_  
 Grade \_\_\_\_\_ Classroom Teacher \_\_\_\_\_  
 School \_\_\_\_\_  
 Amount Enclosed \$ \_\_\_\_\_ Check No. \_\_\_\_\_  
 Parent(s) Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Home Number \_\_\_\_\_ Work/Cell \_\_\_\_\_  
 Email \_\_\_\_\_  
 Emergency Contact Name \_\_\_\_\_  
 Number \_\_\_\_\_ Health Restrictions \_\_\_\_\_

**Club Request (students can join more than one)**

	<u>Club Name</u>	<u>Fee</u>
1.	_____	\$ _____
2.	_____	\$ _____
	Tuesday    Wednesday    Thursday	

\*I hereby release Freetown-Lakeville School District volunteers, instructors and teachers of any liability in connection with any damages and/or injuries that the above named child may sustain as a result of his/her participation in any Freetown-Lakeville Extended Programs.

Circle:            **AGREE**            DISAGREE

\*\* **Dismissal!** Children **MUST BE PICKED UP** in the foyer at class end 3:30 for FLMS and 4:30 for elementary school students. If you want your child to go home with someone other than you, you must send a note. We will check ID's. There will be a \$10.00 late fee for all students that remain after dismissal.

# Freetown-Lakeville Extended Programs



presents

## After the Bell

- Enrichment Classes
- Sports Activities
- Self Discovery
- Clubs and More !

*Freetown and Assawompsett Elementary Schools*

**Session 4 2019**

# Welcome

The Freetown-Lakeville Extended Programs is pleased to announce the creation of *After The Bell*.

*After the Bell* offers clubs and activities that are designed to provide exciting and educational experiences for students. A variety of clubs and classes are offered each session and are taught by talented paid Teachers and Professionals. Classes begin at dismissal and are one hour long.

Sessions that run in 6 week intervals. Each session new classes and clubs will be offered expanding and changing the list of choices.

## **Session 3 04/29-06/06**

The cost of attending is \$ 60.00 per class. Students can attend more than one class.

### **AES ONLY**

*Cooking for Kids*      Thursday      Mrs. Espourteille

Learn the basics of cooking fun, healthy snacks that kids will love. Kids will also learn about healthy food preparation.

**This class is closed.**

*Karate*      Thursdays      Mr. Schiff

Our purpose is to help students become a master of their mind and body through the development of self esteem, confidence, fortitude, and dignity. We cultivate positive social behavior and communication skills that can be applied to every day living.

*For Earth's Sake*      Thursday      Grades 2 and 3      Ms. Nash

We have only one earth and each of us can help protect it. Students will be taking action to help keep our Earth clean for animals, plants and people. They will learn that they have the power to change the world and their own lives. The students will take on the challenge to raise awareness and make a difference in their school. The class will include writing a persuasive speech and presenting their evidence to administrators.

# Session 4

### **FES ONLY**

*Pokeman Club*      Tuesday      Miss Tess

Calling all Pokeman Trainers! The Pokeman Club centers around the original trading card game. Students will learn to play and trade. Don't miss out on the opportunity to catch'em all.

*Kindness Ambassadors*      Tuesday      Mrs. L'Heureux

Keep Calm and Be Kind! The Kindness Ambassadors will let their lights shine in or school and community. The students will be planning acts of kindness by creating cards, posters, and activities to show our school community and the workers in the Town of Freetown how much they are appreciated by our students.

*Spectacular and Sometimes Sloppy Science*      Wednesday      Mrs. L'Heureux

Science is Spectacular, and sometimes Sloppy!! Come join us to study the Science of Bubbles. Learn what makes an airplane fly. Discover and collect all different kinds of rocks. Grow some plants and learn about animals. Oh, and maybe some slime. No lab coats required, but please bring an oversized T-shirt, or an adult sized shirt that we can get messy as we experiment with some of what Science has to offer.

*Fox Trotters*      Thursday      Mrs. L'Heureux

Do you like to run? Play movement games? Then why not become a Freetown Elementary School Fox Trotter and learn movement skills through a mix of running and fitness activities? In this running club, you will play movement games, run relays, participate in a walking club, and keep track of your distances. Did I mention you would RUN? Become a Freetown Fox Trotter and be active and healthy!!

*Intro to Baton and Beyond*      Thursday      Mrs. Levesque and Ms. Jacobsen

### **2nd and 3rd grade only**

Both teachers have extensive skills in baton as former high school twirlers. In 4th grade students can try out for the Majorette Team so let's get to learning some skills mixing bowls, figure 8s, elbows and fish tails. Batons can be borrowed for students that do not have one of their own. To purchase a baton use a tape measure from under arm to fingertips.