

Freetown-Lakeville Middle School

May 2019

29

Pretzel Pub Chicken Sandwich
Butternut Squash
Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

30

Crunchy Tacos with Lettuce and Cheese
Black Bean Salsa
Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

1

Breakfast for Lunch
BEC Bagel Sandwich
Potato Tots

Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

2

Oven Roasted Turkey and Gravy with a Dinner Roll
Mashed Potatoes

Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

3

Buffalo Chicken Pizza
Tossed Salad

Featuring this week:
Chicken Pizza Wrap
Buffalo Chicken Salad with a Roll

6

Cheese Filled Breadsticks
Sweet Potato Fries
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

7

Crunchy Breaded Chicken Drumstick
Corn Muffin
Baked Beans
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

8

Breakfast for Lunch
WG Waffles
Sausage
Potato Tots
Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

9

Popcorn Chicken
Mashed Potato Bowl

Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

10

Grilled Cheese with Chicken Noodle Soup
Tossed Salad

Featuring this week:
Turkey Club Wrap
Cobb Salad with a Roll

13

Hot and Spicy Popcorn Chicken
Carrot & Celery Sticks
Featuring this week:
Chicken BLT Wrap
Garden Salad with yogurt
Cheddar Cheese and a roll

14

Double Dog Day
Baked Beans
Featuring this week:
Chicken BLT Wrap
Garden Salad with yogurt
Cheddar Cheese and a roll

15

Breakfast for Lunch
Scrambled Eggs with Toast
Bacon
Hash Brown
Featuring this week:
Chicken BLT Wrap
Garden Salad with yogurt
Cheddar Cheese and a roll

16

Crunchy Beef Nachos with lettuce and Cheese
Brown Rice
Featuring this week:
Chicken BLT Wrap
Garden Salad with yogurt
Cheddar Cheese and a roll

17

Meatball and Mozz Sub
Tossed Salad
Featuring this week:
Chicken BLT Wrap
Garden Salad with yogurt
Cheddar Cheese and a roll

20

Chicken Snack Wraps
Butternut Squash
Featuring this week:
BBQ Chicken and Cheddar Wrap
Turkey Club Salad

21

Taco Dippers with Sour Cream
Black Bean Salsa
Featuring this week:
BBQ Chicken and Cheddar Wrap
Turkey Club Salad

22

Breakfast for Lunch
WG Pancakes
Sausage
Hash Brown
Featuring this week:
BBQ Chicken and Cheddar Wrap
Turkey Club Salad

23

Pasta with or With Meat Sauce
Tossed Salad
Featuring this week:
BBQ Chicken and Cheddar Wrap
Turkey Club Salad

24

Individual Pan Pizza
Oven Roasted Broccoli
Featuring this week:
BBQ Chicken and Cheddar Wrap
Turkey Club Salad

27

No School

28

"Unofficial Start of Summer"
BBQ Bacon Cheddar Burger
Baked Beans
Featuring this week:
Chicken Caesar Wrap
Tuna Salad Plate with Roll

29

Breakfast for Lunch
French toast Sticks
Sausage
Potato Tots
Featuring this week:
Chicken Caesar Wrap
Tuna Salad Plate with Roll

30

Chicken Ranch Flatbread
Sweet Potato Fries
Featuring this week:
Chicken Caesar Wrap
Tuna Salad Plate with Roll

31

White Pizza Fingers with Dipping Sauce
Tossed Salad
Featuring this week:
Chicken Caesar Wrap
Tuna Salad Plate with Roll

More info...

Available Daily:

Cheese Pizza, Cheeseburger, Chicken Patty, Turkey & Cheese Sandwich, Ham & Cheese Sandwich, Sun Butter & Jelly Sandwich

Locally Grown Macintosh Apples, Baby Carrots, Fresh Pears, Fresh Oranges, Apple Slices, Raisins, Assorted Chilled Fruit

Questions: Andrea Fay, Foodservice Director, afay@freelake.org, 508-947-2660 Extension 1146

More info...

Celebrate the "Unofficial Start of Summer" on Mat 28th with BBQ favorites and a Cherry Lime Italian Ice

Lunch Prices: \$2.75 Paid, \$0.40 Reduced

Concerns about your student's lunch balance or to pay back an IOU: www.Payschoolscentral.com