

# Freetown-Lakeville Middle School

April 2019

1

½ Day  
No Food  
Served

2

Crunchy Breaded  
Chicken Drumstick  
Corn Muffin  
Baked Beans  
**Featuring this week:**  
Turkey Club Wrap  
Cobb Salad with a Roll

3

**Breakfast for Lunch**  
WG Waffles  
Sausage  
Potato Tots  
**Featuring this week:**  
Turkey Club Wrap  
Cobb Salad with a Roll

4

Popcorn Chicken  
Mashed Potato Bowl  
**Featuring this week:**  
Turkey Club Wrap  
Cobb Salad with a Roll

5

Cheese Filled  
Breadsticks w/ Dipping  
Sauce  
Tossed Salad  
**Featuring this week:**  
Turkey Club Wrap  
Cobb Salad with a Roll

8

Hot and Spicy Popcorn  
Chicken  
Carrot & Celery Sticks  
**Featuring this week:**  
Chicken BLT Wrap  
Garden Salad with yogurt  
Cheddar Cheese and a  
roll

9

**Opening Day at Fenway!**  
Double Dog Day  
Baked Beans  
**Featuring this week:**  
Chicken BLT Wrap  
Garden Salad with yogurt  
Cheddar Cheese and a  
roll

10

**Breakfast for Lunch**  
WG Pancakes  
Sausage  
Hash Brown  
**Featuring this week:**  
Chicken BLT Wrap  
Garden Salad with yogurt  
Cheddar Cheese and a  
roll

11

Crunchy Beef Nachos  
with lettuce and Cheese  
Brown Rice  
**Featuring this week:**  
Chicken BLT Wrap  
Garden Salad with yogurt  
Cheddar Cheese and a  
roll

12

No School

15

No School

16

No School

17

No School

18

No School

19

No School

22

BBQ Bacon Cheddar  
Burger  
Baked Beans  
**Featuring this week:**  
Chicken Caesar Wrap  
Tuna Salad Plate with  
Roll

23

Cheese Filled  
Breadsticks  
Sweet Potato Fries  
**Featuring this week:**  
Chicken Caesar Wrap  
Tuna Salad Plate with  
Roll

24

**Breakfast for Lunch**  
French toast Sticks  
Sausage  
Potato Tots  
**Featuring this week:**  
Chicken Caesar Wrap  
Tuna Salad Plate with  
Roll

25

Chicken Ranch  
Flatbread  
Steamed Sweet Corn  
**Featuring this week:**  
Chicken Caesar Wrap  
Tuna Salad Plate with  
Roll

26

White Pizza Fingers with  
Dipping Sauce  
Tossed Salad  
**Featuring this week:**  
Chicken Caesar Wrap  
Tuna Salad Plate with  
Roll

29

Pretzel Pub Chicken  
Sandwich  
Butternut Squash  
**Featuring this week:**  
Chicken Pizza Wrap  
Buffalo Chicken Salad  
with a Roll

30

Crunchy Tacos with  
Lettuce and Cheese  
Black Bean Salsa  
**Featuring this week:**  
Chicken Pizza Wrap  
Buffalo Chicken Salad  
with a Roll

1

**Breakfast for Lunch**  
BEC Bagel Sandwich  
Potato Tots  
**Featuring this week:**  
Chicken Pizza Wrap  
Buffalo Chicken Salad  
with a Roll

2

Oven Roasted Turkey  
and Gravy with a Dinner  
Roll  
Mashed Potatoes  
**Featuring this week:**  
Chicken Pizza Wrap  
Buffalo Chicken Salad  
with a Roll

3

Buffalo Chicken Pizza  
Tossed Salad  
**Featuring this week:**  
Chicken Pizza Wrap  
Buffalo Chicken Salad  
with a Roll

## More info...

### Available Daily:

Cheese Pizza, Cheeseburger, Chicken Patty, Turkey & Cheese  
Sandwich, Ham & Cheese Sandwich, Sun Butter & Jelly Sandwich

Locally Grown Macintosh Apples, Baby Carrots, Fresh Pears,  
Fresh Oranges, Apple Slices, Raisins, Assorted Chilled Fruit

Questions: Andrea Fay, Foodservice Director, [Afay@Freelake.org](mailto:Afay@Freelake.org),  
508-947-2660 Extension 1146

## More info...

Celebrate the start of baseball season and the  
Red Sox home opener April 8<sup>th</sup> – 11<sup>th</sup> with all of  
your ballpark favorites!

Lunch Prices: \$2.75 Paid, \$0.40 Reduced

Concerns about your student's lunch balance or to pay back an IOU:  
[www.Payschoolscentral.com](http://www.Payschoolscentral.com)