

28

Hamburger on a bun
Fresh Apples
Diced Peaches

29

Corn Dog
Fresh Apples
Diced Peaches

30

Chicken Nuggets
Fresh Apples
Diced Peaches

31

Lucky Tray Day
Mac And Cheese
Tossed Salad
Fresh Apples
Diced Peaches

1

Cheese Pizza
Fresh Apples
Diced Peaches

4

½ Day
No Food
Served

5

Corn Dog
Baby Carrots
Diced Pears

6

Chicken Nuggets
Potato Tots
Baby Carrots
Diced Pears

7

Mac and Cheese
Steamed Corn
Baby Carrots
Diced Pears

8

Cheese Pizza
Tossed Salad
Baby Carrots
Diced Pears

11

Hamburger on a bun
Cherry Tomatoes
Blueberry Parfait
Orange Smiles

12

Corn Dog
Blueberry Parfait
Orange Smiles

13

Chicken Nuggets
Blueberry Parfait
Orange Smiles

14

Mac and Cheese
Blueberry Parfait
Orange Smiles

15

Lucky Tray Day
Cheese Pizza
Roasted Broccoli
Blueberry Parfait
Orange Smiles

18

No School

19

No School

20

No School

21

No School

22

No School

25

Hamburger on a bun
Mixed Fruit
Applesauce

26

Corn Dog
Diced Carrots
Mixed Fruit
Applesauce

27

Chicken Nuggets
Mixed Fruit
Applesauce

28

Mac And Cheese
Mixed Fruit
Applesauce

1

Cheese Pizza
Tossed Salad
Mixed Fruit
Applesauce

Available Daily:

Garden Salad with Yogurt and String cheese, Garden Salad with Tuna, Cereal with yogurt, and sting cheese
Questions: Andrea Fay, Foodservice Director, Afay@Freelake.org, 508-947-2660 Extension 1146

If your Child will be having a gluten free lunch please contact your school nurse and the foodservice Director. A Doctor's note is required for us to provide this lunch.

More info...

Remember to fill out a 2018-2019 Free and Reduced Meal Application. New applications must be completed annually Lunch Prices: \$2.75 Paid, \$0.40 Reduced

Lucky Tray Days:
January 31st Smencils, February 15th Bubbles