

Nurses' Nook...

Talking about tragic events

We sincerely wish we lived in a world that did not involve talking to our children about tragedy. In light of the recent events that have happened across the country, we understand that parents want to help their children make sense of such random violence. The Center for Parenting Education has some excellent information about [*When Disaster Strikes: Talking to Children about Traumatic Events*](#).

Additional resources are from the [National Center for Crisis and Bereavement](#) and the [Coalition to Support Grieving Students](#). Again, these are about talking to children about tragedies.

Our thoughts go out to those school staff, students, families, and community members directly impacted by these tragedies. As school nurses, we will continue to try and help and heal our school communities.