



# Gluten Free April 2019

<p>1</p> <p>½ Day No Food Served</p>	<p>2</p> <p>Corn Dog Mixed Fruit Cucumber Coins</p>	<p>3</p> <p>Chicken Nuggets Mixed Fruit Cucumber Coins</p>	<p>4</p> <p>Mac And Cheese Mixed Fruit Cucumber Coins</p>	<p>5</p> <p>Cheese Pizza Tossed Salad Mixed Fruit Cucumber Coins</p>
<p>8</p> <p>Hamburger on a bun Butternut Squash Fresh Apples Blueberry Parfait</p>	<p>9</p> <p>Corn Dog Fresh Apples Blueberry Parfait</p>	<p>10</p> <p>Chicken Nuggets Fresh Apples Blueberry Parfait</p>	<p>11</p> <p>Cheese Pizza Roasted Broccoli Fresh Apples Blueberry Parfait</p>	<p>12</p> <p>No School</p>
<p>15</p> <p>No School</p>	<p>16</p> <p>No School</p>	<p>17</p> <p>No School</p>	<p>18</p> <p>No School</p>	<p>19</p> <p>No School</p>
<p>22</p> <p>Hamburger on a bun Dried Crasins Diced Peaches</p>	<p>23</p> <p>Corn Dog Diced Carrots Dried Crasins Diced Peaches</p>	<p>24</p> <p>Chicken Nuggets Potato Tots Dried Crasins Diced Peaches</p>	<p>25</p> <p>Mac And Cheese Dried Crasins Diced Peaches</p>	<p>26</p> <p>Cheese Pizza Tossed Salad Dried Crasins Diced Peaches</p>
<p>29</p> <p>Hamburger on a bun Steamed Peas Diced Peas Baby Carrots</p>	<p>30</p> <p>Corn Dog Diced Pears Baby Carrots</p>	<p>30</p> <p>Chicken Nuggets Potato Tots Diced Pears Baby Carrots</p>	<p>1</p> <p><b>Lucky Tray Day</b> Mac And Cheese Diced Pears Baby Carrots</p>	<p>2</p> <p>Cheese Pizza Tossed Salad Diced Pears Baby Carrots</p>

**Available Daily:**

Garden Salad with Yogurt and String cheese, Garden Salad with Tuna, Cereal with Yogurt, and String Cheese  
 Questions: Andrea Fay, Foodservice Director, [Afay@Freelake.org](mailto:Afay@Freelake.org), 508-947-2660 Extension 1146

**If your child will be having a gluten free lunch please contact your school nurse and the Foodservice Director. A doctor's note is required for us to provide this lunch.**

**More info...**

**Remember to fill out a 2018-2019 Free and Reduced Meal Application. New applications must be completed annually Lunch Prices: \$2.75 Paid, \$0.40 Reduced**

Lucky Tray Days:  
 March 14<sup>th</sup> - Shamrock Poppers. March 28<sup>th</sup> - Smencils