



Freetown-Lakeville Elementary Schools

February 2019

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| <p>28</p> <p>Popcorn Chicken Dinner Roll Butternut Squash Fresh Apples Diced Peaches</p> | <p>29</p> <p>Soft Beef Taco Black Bean Salsa Fresh Apples Diced Peaches</p> | <p>30</p> <p>Breakfast for Lunch French toast Sticks Sausage Hash Brown Fresh Apples Diced Peaches</p> | <p>31</p> <p>Lucky Tray Day Pasta with or without Meatballs Tossed Salad Fresh Apples Diced Peaches</p> | <p>1</p> <p>Pepperoni or Cheese Pizza Steamed Sweet Corn Fresh Apples Diced Peaches</p> |
| <p>4</p> <p>½ Day No Food Served</p> | <p>5</p> <p>Hamburger or Cheeseburger Baked Beans Baby Carrots Diced Pears</p> | <p>6</p> <p>Breakfast for Lunch WG Pancakes Sausage Potato Tots Baby Carrots Diced Pears</p> | <p>7</p> <p>Chicken tenders Dinner Roll Steamed Sweet Corn Baby Carrots Diced Pears</p> | <p>8</p> <p>Individual Pan Pizza Roasted Broccoli Baby Carrots Diced Pears</p> |
| <p>11</p> <p>Chicken Nuggets Dinner Roll Cherry Tomatoes Orange Smiles Blueberry Parfait</p> | <p>12</p> <p>Mini Taco Dippers Black Bean Salsa Orange Smiles Blueberry Parfait</p> | <p>13</p> <p>Breakfast for Lunch BEC Bagel Sandwich Crinkle Fries Orange Smiles Blueberry Parfait</p> | <p>14</p> <p>Oven Roasted Turkey and Gravy Dinner Roll Mashed Potatoes Orange Smiles Blueberry Parfait Valentine's Day Cookie!</p> | <p>15</p> <p>Lucky Tray Day Pepperoni or Cheese Pizza Tossed Salad Orange Smiles Blueberry Parfait</p> |
| <p>18</p> <p>No School</p> | <p>19</p> <p>No School</p> | <p>20</p> <p>No School</p> | <p>21</p> <p>No School</p> | <p>22</p> <p>No School</p> |
| <p>25</p> <p>New Entrée! Breaded Chicken Drumstick Sweet Potato Fries Mixed Fruit Applesauce</p> | <p>26</p> <p>New Entrée! Cheese Filled Breadstick Diced Carrots Mixed Fruit Applesauce</p> | <p>27</p> <p>Breakfast for Lunch WG Waffles Sausage Hash Brown Mixed Fruit Applesauce</p> | <p>28</p> <p>Chicken Patty Sandwich Baked Beans Mixed Fruit Applesauce</p> | <p>1</p> <p>Pepperoni or Cheese Pizza Tossed Salad Mixed Fruit Applesauce</p> |

Available Daily:
Turkey & Cheese Sandwich, Ham & Cheese Sandwich, Tuna Salad Sandwich, Toasted Bagel with Yogurt and String Cheese, Garden Salad with Yogurt and String cheese, Sun Butter & Jelly Sandwich

Questions: Andrea Fay, Foodservice Director, Afay@Freelake.org, 508-947-2660 Extension 1146

More info...
Join us for lunch on February 14th for a Whole Grain Valentine's Day Sugar Cookie with each meal!

Lucky Tray Days:
January 31st Smencils, February 15th Bubbles

