



Gluten Free September 2019

<p>2</p> <p><u>No School</u></p> <p>First Day 1-12 is 9/3 First Day K and Pre-K is 9/5</p>	<p>3</p> <p>Corn Dog Applesauce Baby Carrots</p>	<p>4</p> <p>Chicken Nuggets Applesauce Baby Carrots</p>	<p>5</p> <p>Mac and Cheese Applesauce Baby Carrots</p>	<p>6</p> <p>Cheese Pizza Tossed Salad Applesauce Baby Carrots</p>
<p>9</p> <p>Hamburger on a Bun Green Beans Diced Pears Fresh Apples</p>	<p>10</p> <p>Corn Dog Diced Pears Fresh Apples</p>	<p>11</p> <p>Chicken Nuggets Diced Pears Fresh Apples</p>	<p>12</p> <p>Mac and Cheese Diced Pears Fresh Apples</p>	<p>13</p> <p>Cheese Pizza Tossed Salad Diced Pears Fresh Apples</p>
<p>16</p> <p>Hamburger on a Bun Diced Carrots Blueberry Parfait Diced Peaches</p>	<p>17</p> <p>Corn Dog Black Bean Salsa Blueberry Parfait Diced Peaches</p>	<p>18</p> <p>Chicken Nuggets Blueberry Parfait Diced Peaches</p>	<p>19</p> <p><u>Lucky Tray Day</u> Mac and Cheese Mashed Potatoes Blueberry Parfait Diced Peaches</p>	<p>20</p> <p>Cheese Pizza Roasted Broccoli Blueberry Parfait Diced Peaches</p>
<p>23</p> <p>Hamburger on a Bun Mixed Fruit Cup Orange Smiles</p>	<p>24</p> <p>Corn Dog Mixed Fruit Cup Orange Smiles</p>	<p>25</p> <p>Chicken Nuggets Mixed Fruit Cup Orange Smiles</p>	<p>26</p> <p>Mac and Cheese Sweet Peas Mixed Fruit Cup Orange Smiles</p>	<p>27</p> <p>Cheese Pizza Tossed Salad Mixed Fruit Cup Orange Smiles</p>
<p>30</p> <p>Hamburger on a Bun Diced Carrots Fresh Grapes Applesauce Cup</p>	<p>1</p> <p>Corn Dog Fresh Grapes Applesauce Cup</p>	<p>2</p> <p>Chicken Nuggets Fresh Grapes Applesauce Cup</p>	<p>3</p> <p><u>Lucky Tray Day</u> Mac and Cheese Cherry Tomatoes Fresh Grapes Applesauce Cup</p>	<p>4</p> <p>Cheese Pizza Tossed Salad Fresh Grapes Applesauce Cup</p>

Available Daily:

Garden Salad with Yogurt and String cheese, Tuna Salad Plate, or Cereal with Yogurt and String Cheese

If your child will be having a gluten free lunch please contact your school nurse and the Foodservice Director. A doctor's note is required for us to provide this lunch.

More info...

Welcome Back!!

Don't forget to fill out a new Free and Reduced Lunch Application, New forms must be completed annually and can be found at www.Payschoolscentral.com

Lucky Tray Days:
September 19th Backpack Keychain, October 3rd Smencils