



Apponequet Regional High School January 2021

More info...

Available Daily: (Hot)

Chicken Patties, Spicy Chicken Patties

Available Daily: (Cold)

Garden Salad with Yogurt and Cheese Cubes,
Sun Butter & Jelly Sandwich

Also Available:

1/4-1/15: Turkey and Cheese Sandwich,
Turkey Club Wrap or Buffalo Chicken Salad
1/18-1/29: Tuna Salad Wrap, Buffalo Chicken
Wrap or Cobb Salad

More info...

**All Meals are Free to all students
through the end of the school
year!**

We are not accepting cash payment at this time.
Please utilize our online prepayment system or
send in a check with your student PIN on it.

Also Available: Baby Carrots, Apple Slices,
Raisins, Apple Juice, Orange Juice and More!

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508-947-2660 Extension 1146



This institution is an equal opportunity provider.

4 Bacon Cheeseburger Baked Beans	5 Breakfast for Lunch French Toast Sticks Sausage Potato Tots	6 Pizza Sticks with Dipping Sauce Steamed Sweet Corn	7 Pasta with or without Meatballs Garlic Toast Tossed Salad	8 Grilled Cheese and Soup Carrot Sticks
11 Bacon Cheeseburger Baked Beans	12 Breakfast for Lunch French Toast Sticks Sausage Potato Tots	13 Pizza Sticks with Dipping Sauce Steamed Sweet Corn	14 Pasta with or without Meatballs Garlic Toast Tossed Salad	15 ½ Day No Food Served
18 No School	19 Breakfast for Lunch Cheese Omelet with Mini Pancakes Potato Tots	20 Cheesy Beef Nachos with Sour Cream and Black Bean Salsa Tossed Salad	21 Popcorn Chicken Mashed Potato Bowl Dinner Roll	22 Individual Pan Pizza Sweet Potato Fries
25 Grilled Cheese and Soup Carrot Sticks	26 Breakfast for Lunch Cheese Omelet with Mini Pancakes Potato Tots	27 Cheesy Beef Nachos with Sour Cream and Black Bean Salsa Tossed Salad	28 Popcorn Chicken Mashed Potato Bowl Dinner Roll	29 Individual Pan Pizza Sweet Potato Fries
1 Toasty Steak and Cheese Sub Baked Beans	2 Breakfast for Lunch BEC Bagel Sandwich Hash Brown	3 Roasted Turkey and Gravy Dinner Roll Mashed Potatoes	4 Buffalo Chicken Mac and Cheese Carrot and Celery Sticks	5 White Pizza Fingers with Dipping Sauce Tossed Salad